



Melbourne Interventional Pulmonology Group Pty Ltd

# Lung Function Request

**Bookings: 03 7036 7348**

**Fax: 03 8372 0587**

**lungfunction@nickwilsmore.com.au**

**Patient Details**

**Name:** .....

**DOB:** ..... **Contact No:** .....

**Address:** .....

**Referring Doctor**

**Name:** .....

**Address:** .....

**Provider No.:** ..... **Date:** .....

**Signature:** .....

**Investigation Required**

- 1 Spirometry + FeNO - Asthma, Chronic cough, Dyspnoea
- 2 Spirometry + TLCO - COPD, Chronic cough, ILD, Smoking Hx, Dyspnoea, Pre-op
- 3 Spirometry + Lung Volumes - Restriction, Neuromuscular Dx, Diaphragm, Post-op, Gas trapping/Severe COPD
- 4 Bronchial Provocation - Asthma investigation (Mannitol – fee applies)
- 5 Spirometry + MIP/MEP - Muscle weakness, MND, other neuromuscular disorders

**Copy of Report to**

**Name:** .....

**Address:** .....

**Name:** .....

**Address:** .....

**Clinical Notes**

**Withhold current inhaler medication**

**Appointment Details**

**Date:** ..... **Time:** .....

**Date:** ..... **Time:** .....

**Location: Suite 11.1, Level 11, Epworth Eastern Tower 25 Nelson Rd, Box Hill 3128**

*Please see reverse for Patient Instructions.*

# Patient Instructions

**PLEASE BRING THIS REFERRAL WITH YOU TO YOUR TEST**

## **BEFORE ALL TESTS**

**NO** Smoking

## **BEFORE BRONCHOPROVOCATIONS TESTS**

As above, plus:

- **NO** tea, coffee, chocolate or caffeinated drinks to be consumed on the test day.
- **NO** oral steroids such as Prednisolone, Prednisone or Dexamethasone for 3 days - if advised/approved by your prescribing doctor.
- **NO** Antihistamines such as Dimetapp, Benadryl, Claratyne, Zyrtec or Telfast for 3 days.

We prefer you not to take any puffers (unless otherwise instructed)

- **8 hours** for Ventolins
- **12 hours** for ICS Alvesco Flixotide
- **24 hours** Seretide Symbicort
- **72 hours** Spiriva etc
- **4 days** for montelukast

## **BEFORE FeNO TESTS**

- **NO** food or drink for one hour before your test
- **AVOID** consuming any foods high in nitrogen on the day of the test including ham, bacon, salami, strawberries, currants, raspberries, cherries, gooseberries, spinach, lettuce, beetroot, celery, chervil radish and turnip tops.

**IF YOU ARE MORE BREATHLESS THAN USUAL AFTER STOPPING THE ABOVE MEDICATIONS, PLEASE CONTACT YOUR DOCTOR AND RESUME TAKING THE MEDICATIONS.**

\*Please note: Fees may apply for Mannitol Kits, single CO assessments and multiple test appointments.